

THE BEACON

November 2020



Principal's Message

Dear Parents, Students and Guardians...

Wow! October was a busy month and there are lots happening in November as well...

- Halloween was good fun and there were lots of great costumes as our individual classroom cohorts paraded through the hallways.
- The whole school participated in United Way fundraising and we raised \$400! Well done Bears!
- Photo retakes are **Tuesday, November 10th**.
- Virtual Parent Council meeting 6:30pm **Tuesday, November 17th**.
- Our virtual Remembrance Day Assembly is **Tuesday, November 10th** at 10:40am.
- Parent Teacher Interviews are **Wednesday, November 4th** and **Thursday, November 5th**.
- Professional Learning Friday **Friday, November 20th** - no school.
- No school on **November 23rd**.
- Report Cards go home **Tuesday, November 24th**
- With winter just around the corner please ensure your child is dressed appropriately for the cold weather.
- New technology replacements in the near future (10 new iPads).

- We continue with our Literacy and Numeracy initiatives as one of our major school related goals.

Our Parent Council and Parent Plus Association always need more members. Feel free to join us for our monthly meetings which for the time being will be virtual. Both councils are composed of the same dedicated few; whose members have families and also work. Parents can and do make a great difference and our students, your children, benefit from your efforts!

Thank you to all the families of Beacon Hill Public School for all of the support we receive throughout the year and as always.

Beacon Hill School based re-entry plan is posted on the school website: <https://beaconhill.fmpsdschools.ca/>

FMPD usual links for re-entry.

<https://sites.google.com/fmpsd.ab.ca/fmpsdschoolre-entryinfo/home>

Continue to look for updated information on school re-entry as it is released by the school division. Some useful links to access regarding Covid 19 and School re-entry are:

<https://www.albertahealthservices.ca/topics/Page17212.aspx>

<https://www.alberta.ca/k-to-12-school-re-entry-2020-21-school-year.aspx>

Graham Abbott
Principal

Helpful Hints for Parents

1. Encourage your child to develop a positive outlook toward school.
2. Stay in regular contact with your child's teachers.
3. Attend parent-teacher interview virtual meetings.
4. Inform the school in advance of your child's absence from school.
5. Contact school staff when an incident arises in school involving your child.
6. Cooperate with the school when solving issues involving your child.
7. Watch for changes in your child's mood or behavior that might suggest problems at school.
8. Inform teachers of issues that might affect your child's progress or behavior.
9. Review your child's homework and assignments, and sign their agendas.
10. Read at home and help out with school work if possible.
11. Regularly check all communications from the school (includes social media sites)

Please Remember

1. Polite cooperation with all school personnel is essential.
2. All visitors must sign in and out at the main office according to Covid19 AHS protocols.
3. All students have the right to attend school without being afraid or intimidated.
4. Harassment of any type (sexual, verbal or physical) and bullying (physical, verbal or via social media) will not be tolerated and dealt with accordingly.
5. Clothing, book bags, etc. that display inappropriate language, slogans, pictures or symbols, or anything that might be considered offensive will not be permitted.
6. Cell Phones are not to be used in the school during class times and must be kept in backpacks.
7. Bikes and scooters must be locked in the bike racks.
8. Please remember to drive slowly in the school zone.
9. Please remember to not drop off students in the bus lanes.
10. Staff supervision of students starts at 7:55am and ends at 3:05pm.

Beacon Hill School Schedule

8:10am: First Bell

8:15am: am Bell

10:00am to 10:15am: Div 2 Recess

10:15am to 10:30am: Div 1 Recess

10:30am: Recess End bell

11:36am to 12:24pm: Lunch - Lunch Recess

11:36am to 12:00pm: Div 2 Recess - Div 1 Lunch

12:00am to 12:24pm: Div 1 Recess - Div 2 Lunch

2:50pm: School End

ECDP and Kindergarten

8:15am to 11:01am

12:04pm to 2:50pm

Parent and Visitors to the School

Parents will be advised to stay outside or in their vehicles for daily pick up and drop off. Students are assigned specific doors for school entry and exit. Parents are reminded to drop off their children as near to the school start time of 8:10am as possible.

Parents who need to enter the building for a meeting or to see the office staff must book an appointment. Upon entering the school visitor/parent/guardian will be asked to sanitize, wear a mask, and complete an Alberta Health Daily Checklist (COVID-19 Screening). If you check yes on any of the questions, we have the right to deny entry. Only staff and students are permitted beyond the main doors without an appointment.

All safety protocols are posted in all entrances of the building.

Everyone entering the building must wear a mask. Visitors will be closely tracked for contact tracing purposes and visitor movement within the school will be limited as much as possible.

Visitors are required to follow the school policies and practice strict physical distancing and hand hygiene.

People who have business at the school or who are dropping off items must do so at the main office. The occupancy in the main office at any one time will be limited to two families to a maximum of six visitors. Thank you for your understanding

LEADER IN ME

This is our third year as a Leader In Me school and we have set our school wide focus on developing a student advisory lighthouse teams involving our students in more leadership activities and decision making, and focusing on empowering instruction.

Student Development

Students find their voice in the classroom and through leadership roles by learning and applying life-ready leadership skills. Children at *Leader in Me* Schools thrive in a nurturing environment when they feel safe, confident, and supported by teachers and other staff members. By recognizing each child as a leader with unique gifts and talents to share, all aspects of their education begin to flourish. This social and emotional learning process equips students with essential 21-century skills to build meaningful relationships and take ownership of their education.



Parents and Bullying

Bullying Defined

"A student is being bullied or victimized when he or she is exposed repeatedly and overtime to negative actions on the part of one or more students..."

"A repeated and chronic instance of aggression and intimidation that targets a specific individual is bullying."

Types of Bullying: Physical, Verbal, Social and Cyberbullying.

Why students bully: to have power or control over another; to bring someone down they are jealous of; to relieve boredom; to get revenge; to impress others and increase their status; and to get attention. Fact: many bullies have been bullied themselves or they come from families where there is violence or abuse.

How can you help?

Be proactive and listen to and support your child; monitor internet and cell phone use; teach your child to respect others and to be tolerant of those with different opinions, beliefs and backgrounds; encourage your child to be confident, to stand up tall, use body language that shows they are strong; and be a good listener and report any concerns to the school officials.

Beacon Hill School will participate in **Pink Shirt Day** activities to show that we are all working together to prevent bullying in our schools, in our communities and online. Our Lac and counsellor will be doing in class anti-bullying presentations with all classes in the month of October.

Classroom teachers remind students on a regular basis about proper playground and classroom etiquette and about "no hands on" with other students. The main office deals appropriately with incidents of misbehavior and the school promotes acceptable and positive behavior.



Beacon Hill School Council

School Council meets once a month during the school year to discuss items concerning our school – working collaboratively with the Principal, Teachers and Administration to ensure that our students receive the highest quality of education. Opportunities are available for parents to have input at the school, district and provincial levels.

Some of the items that have been discussed in the past include:

- Suggestions for introduction of new programs – ie. Leader in Me
- Bus Transportation
- Input & Discussion into ACSA Resolutions
- Discussion of School Activities/Programming

At each monthly meeting, the Principal will always provide a report regarding the school's activities, programs and direction regarding education. Networks Representatives will provide a report regarding discussions that have occurred at a district level.

All parents and guardians are members of the school council, so please join us so that your voice can be heard. For more information, please contact any of the executives below.

The next meeting is Tuesday, November 17th at 6:30pm on line. We are still looking for more new faces to attend our meetings and we would love to see you out to engage in some meaningful discussion, all parents and guardians are welcome to attend! If you are interested, please e-mail Mr. Abbott your intention so that you can be included on our google meet. We have not had enough people attend our last two monthly meetings to hold our elections for a new executive – I strongly encourage all parents/guardians to get involved as we would like to hold our elections this month. For the duration of this school year, all School Council meetings start at 6:30pm and will be held on the second Tuesday of every month. Looking forward to seeing some new faces in our meetings!!

Parents Plus Advisory Association

Happy October from your Parents Plus Advisory Association! We hope you have enjoyed the last month being back at school!

Your association met for our annual AGM in September where we held elections for our board members.

Your 2020/21 Executive members are:

Jina Clarke - Chairperson

Katrina Jaycox - Vice Chairperson

Donna Wilson - Secretary

Nola Nippard - Treasurer

Stacy McNally - Social Media Coordinator

Congratulations to those elected and thank you for taking on important rolls in our association!

Parents Plus Monthly Update

Thank you to everyone who purchased and supported our Dieleman's fundraiser! Total raised has not been calculated yet, but we will be sure to share with you when we have it. Your support and help spreading the word on our fundraisers is very much appreciated!

Look for our next fundraiser which will be starting very soon - Growing Smiles! We will be collecting orders for holiday plants, poinsettias & wreaths. This fundraiser was very popular last year, and with your help, we are sure that it will be just as successful again this year!

Our next meeting will be on NOVEMBER 19th @ 6:30pm. Please let Mrs. Saxton know if you would like a link to join our meeting or contact us via our Facebook page. We would love to see new faces join our monthly meetings!

Jina Clarke
Chairperson

United Way Theme Days

Our United Way Campaign was a big success and through our various theme days for students and staff (Red Day, Rainbow Day, PJ Day and Halloween Dress Up) we were able to raise a total of \$400! Well done Bears.



Halloween

Halloween was a lot of fun with a wide range of awesome costumes! The students did a lap of the main hallway in their classroom Cohorts in their costumes.



APPLE SCHOOLS: Health and Wellness Guidelines

Students in APPLE Schools take ownership of their own health and demonstrate:

INCREASED PHYSICAL ACTIVITY 1, 2, 3

- 35% increase in physical activity
- 2-3 times more steps taken per day
- Increases in physical activity during school hours, after school hours, and on weekends

IMPROVED DIETARY HABITS 3, 4

- Students eat 10% more fruits and vegetables and consume 237 fewer calories per day

DECREASED OBESITY 3, 4

- Students are nearly 40% less likely to be obese than in comparison schools

IMPROVEMENTS IN LEARNING OUTCOMES 5, 6

- Students show improved quality of life, leadership abilities, productivity and learning outcomes

IMPROVEMENTS IN HEALTH FOR ALL STUDENTS 1

- Increases in physical activity are seen across all students, regardless of whether they were active or not beforehand
- Children with the lowest starting levels of activity benefit the most

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 PTI 4:30PM -7:30PM	5 PTI 4:00PM -7:00PM	6	7
8	9	10 Picture Retake Day 1PM	11 Remembrance Day No School	12	13	14
15	16	17	18	19	20 PLF - Staff Only	21
22	23 In Lieu PTI No School	24 Report Cards go home	25	26	27 Term 1 End Date	28
29	30					