

THE BEACON

November 2019



Principal's Message

Dear Parents, Students and Guardians...

Wow! October was a busy month and there is lots happening in November as well...

- Halloween was good fun and there were lots of great costumes at the Parade! Our **STEAM** (Science, Technology, Engineering, Art and Math) activities in the afternoon were a big hit!
- Earth Rangers was awesome and our students did a wonderful job of listening and participating.
- The whole school participated in United Way fundraising and we raised \$450! Well done Bears!
- Volleyball is well underway and we have a large group of girls and boys participating. Our first matches were competitive and our teams put forth a very strong effort. Tournament **November 22nd** and **23rd**.
- Photo retakes are **Friday, November 15th**.
- Our Remembrance Day Assembly is **Thursday, Nov. 7th** at 10:40am and parents are welcome to attend.
- Report Cards go home on **Monday, November 25th**

- Parent Teacher Interviews are **Tuesday, November 5th** and **Wednesday, November 6th**. We will be having a book fair in the library both evenings.
- With winter just around the corner please ensure your child is dressed appropriately for the cold weather.
- New technology replacements in the near future (new speakers and an upgrade to the sound system in the gym, and more ChromeBooks).
- We continue with our Literacy and Numeracy initiatives as one of our major school related goals.
- We now have accumulated **120 Roaries** to date and our students continue to exhibit responsible and respectful behavior.

Graham Abbott
Principal

Helpful Hints for Parents

1. Encourage your child to develop a positive outlook toward school.
2. Stay in contact with your child's teachers.
3. Attend parent-teacher meetings, school plays, monthly assemblies, and concerts, social and sport events.
4. Avoid if possible taking holidays during school time.
5. Inform the school in advance of your child's absence from school.
6. Meet or contact school staff when an incident arises in school involving your child.
7. Cooperate with the school when solving problems or issues involving your child.
8. Watch for changes in your child's mood or behavior that might suggest problems at school.
9. Inform teachers of issues that might affect your child's progress or behavior.
10. Review on a regular basis your child's homework and assignments, and sign agendas.
11. Provide access to reading resources at home.
12. Read all communications from the school (includes social media sites).
13. Encourage your child to participate in extracurricular activities (inside and outside school). It builds good character.
14. Spend time with your child when they come home and ask how they day at school went. **Help out with school work if possible.**

Please Remember

1. We welcome parents to be in the school and encourage you to participate in and attend school functions and events.
2. Polite cooperation with all school personnel is essential.
3. All visitors must sign in and out at the main office.
4. All students have the right to attend school without being afraid or intimidated.
5. Harassment of any type (sexual, verbal or physical) and bullying (physical, verbal or via social media) will not be tolerated and dealt with accordingly.
6. Clothing, book bags, etc. that display inappropriate language, slogans, pictures or symbols, or anything that might be considered offensive will not be permitted.
7. Cell Phones are not to be used in the school and must be kept in backpacks.
8. Bikes and scooters must be locked in the bike racks.
9. Please remember to drive slowly in the school zone.
10. Please remember to not drop off students in staff parking .
11. Staff supervision of students at school starts at **7:55am** and ends at **3:05pm**.

School Schedule

Monday—Friday:

8:10: First Bell

8:15: Attendance

8:20: Announcements and First Class begins

10:15 to 10:30: Morning Recess

11:41—12:01: Lunch Break

12:01-12:25: Afternoon Recess

2:50 Dismissal

Parent and Visitors to the School

We are pleased to have you participate in school activities and we offer thanks to all those who volunteer time assisting our students.

Please remember to **Sign in** and **out** at the office on **each** visit.

LEADER IN ME

This is our second year as a Leader In Me school and we have set our school wide focus on developing a student advisory lighthouse teams involving our students in more leadership activities and decision making.

Student Development

Students find their voice in the classroom and through leadership roles by learning and applying life-ready leadership skills. Children at *Leader in Me* Schools thrive in a nurturing environment when they feel safe, confident, and supported by teachers and other staff members. By recognizing each child as a leader with unique gifts and talents to share, all aspects of their education begin to flourish. This social and emotional learning process equips students with essential 21-century skills to build meaningful relationships and take ownership of their education.

Extra Curricular Activities

Volleyball

Grade 5/6 Volleyball played in a tournament hosted by Fort McMurray Christian School. The boys and girls played three games and had a great time. Next up is a tournament at Elsie Yanik November 22nd-23rd. Go Bears!

Floor Hockey

Grade 3/4/5/6 Floor Hockey is Tuesdays after school. Our first mixed tournament for boys and girls is at Greely Road School November 19th and then November 26th home at Beacon Hill. Go Bears!

Ultimate Frisbee

Beacon Hill is starting a new sport this year...ultimate Frisbee for Grade 3 to 6. Ultimate is every Thursday, beginning November 7th.



Beacon Hill School Council

The next meeting is Tuesday, November 12 at 6:30pm in the Community Room. We are still looking more new faces to attend our meetings and we would love to see you out to engage in some meaningful discussion.

Parents Plus Advisory Association

Hi everyone! I hope you all had a great fall and are now ready for winter. October was a busy month for Parents Plus. We hosted our first-ever Pumpkin Festival, which proved to be very popular. A big THANK YOU to everyone who helped make it the success it was, and a special shout-out to Jina Clarke for coming up with the idea and doing such a great job organizing it!

We also had the apples from our Dielman's fundraiser arrive in October. Thank you to everyone who ordered, and to the parents who helped sort out and organize the apple orders. We could not do the things we do for the school without your help and dedication! We ran our annual Dielman's Catalogue fundraiser in October as well, and it was quite popular, as always. Thank you to everyone who participated. Parents Plus runs a variety of fundraisers throughout the school year. I would like to stress that participation is 100% voluntary, and we do not expect everyone to take part in every one that we run. We like to do different ones throughout the year as different fundraisers appeal to different people.

We welcome any and all feedback. Please email us at beaconhillparentsplus@gmail.com with any questions/concerns/comments/suggestions.

With that being said, we are having a Growing Smiles Christmas flowers/wreaths fundraiser coming up. The order forms have already been sent out, with orders due back November 22. Orders should arrive December 5th. We have also organized a winter clothing exchange to run in conjunction with the Parent-Teacher Interviews scheduled for November 5th and 6th. We are looking for gently-used winter clothing, boots, mitts, hats, snow pants, and coats. We are collecting these items in the Community/Art Room. Please feel free to drop off any items you no longer need. We would like to have everything sorted and ready for families to look through, and take what is needed, during the PTIs. Any leftover outerwear will be donated to the Salvation Army where they will be put to use. Thank you in advance for your participation.

One last thing, we have our casino coming up on December 9th and 10th. This is our biggest fundraiser, and helps fund a myriad of programming, events, and equipment for the school, their students, our children <3 I've attached a sign-up genius for volunteering, and encourage everyone to sign up for a shift or 2. It's such an important fundraiser, and working them is usually a lot of fun!

Important Dates:

November 4-7 – Book Fair (parent volunteers needed for set up and take down; please use sign-up genius to volunteer)

November 5 & 6 - Winter Clothing Exchange (Community room during Parent Teacher Interviews)

November 21 – Parents Plus monthly meeting, 6:30 pm in the Community Room

November 22 - Growing Smiles orders due November 27 – December hot lunch orders due

November 29 - Holiday Gift Shop (sign-up genius for volunteer opportunities)

<https://www.signupgenius.com/go/30E094BAEA72EA1F49-christmas>

November 30 - Christmas Market (volunteers needed for set-up, take down, and working the Parents Plus tables at the market, sign-up genius)

<https://www.signupgenius.com/go/30E094BAEA72EA1F49-christmas>

December 9 & 10 – Casino (volunteers needed, please refer to sign-up genius)

<https://www.signupgenius.com/go/409094DADAF2EA0F58-casino1>

The Holiday Gift Shop and Christmas Market will be back again this year on November 29 and 30. Once again, The Holiday Gift Shop will give our students the opportunity to shop for their families from local vendors in our community. Shopping will be from 9:00am – 2:30pm in the gym on Friday, with each class shopping during a designated time. Students will have the opportunity to purchase gifts, and then have them wrapped to bring home – more details to follow closer to the date.

The annual Community Christmas Market will be taking place on Saturday, November 30 from 10:00am-3:00pm– come out and support some of our local home based businesses and get some of those items on your shopping list taken care of.

If you are interested in helping out with either of these events, please watch for our sign-up genius, or contact Wendy at wendy@hsventures.ca. We will be looking for volunteers to help with the following: decorations on Thursday, Nov. 28 from 3:30pm-6:00pm; assistance with shopping, gift wrapping and clean up on Friday, November 29 from 9:00am – 2:30pm; and for volunteers to help out with the Parents Plus table on Saturday from 10:00am-3:00pm, along with clean up after the market.

United Way Theme Days

Our United Way Campaign was a big success and through our various theme days for students and staff (PJ, Hats, Jerseys, Book Characters, and Superheroes) we were able to raise a total of \$450! Well done Bears.

Halloween

Halloween was a lot of fun with a wide range of awesome costumes! After the parade in the morning we followed up in the afternoon with various STEAM related activities for the students.



APPLE SCHOOLS: Health and Wellness Guidelines

Students in APPLE Schools take ownership of their own health and demonstrate:

INCREASED PHYSICAL ACTIVITY 1, 2, 3

- 35% increase in physical activity
- 2-3 times more steps taken per day
- Increases in physical activity during school hours, after school hours, and on weekends

IMPROVED DIETARY HABITS 3, 4

- Students eat 10% more fruits and vegetables and consume 237 fewer calories per day

DECREASED OBESITY 3, 4

- Students are nearly 40% less likely to be obese than in comparison schools

IMPROVEMENTS IN LEARNING OUTCOMES 5, 6

- Students show improved quality of life, leadership abilities, productivity and learning outcomes

IMPROVEMENTS IN HEALTH FOR ALL STUDENTS 1

- Increases in physical activity are seen across all students, regardless of whether they were active or not beforehand
- Children with the lowest starting levels of activity benefit the most



Calendar of Events

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Institute Day No School	2
3	4 Book Fair Set Up	5 Book Fair Parent Teacher 4:30-7:30 Floor Hockey	6 Book Fair Parent Teacher 5:00-8:00	7 Remembrance Day Assembly 10:40AM	8 No school Day in lieu	9
10	11 No School Remembrance Day	12 Floor Hockey	13 Volleyball Running Records, IPPs, SLPs due	14 Ultimate Frisbee	15 Photo Retakes	16
17	18 Report cards Due	19 Floor Hockey Vs Greely	20 Volleyball Monthly Assembly #2	21 Ultimate Frisbee	22 District Day #1 No School	23 Volleyball Tourney
24	25 Report cards go home	26 Floor Hockey Vs Greely	27 Volleyball	28 Ultimate Frisbee	29 Kids Christmas Shopping Day	30 Christmas Market